



THE
AVENUE
BAR & RESTAURANT

GLUTEN FREE MENU

SANDWICHES

Available 11-4pm

Served on Gluten free bread

STEAK CIABATTA £11.95

Aberdeen Angus fillet, sautéed onion & mushrooms, dressed leaves, Dijon mayonnaise,

AVENUE CLUB £9.95

Chargrilled chicken, bacon, little gem lettuce, tomato, black pepper mayonnaise, ciabatta

CAPRESE CIABATTA £7.95

Tomato, buffalo mozzarella, pesto

STARTERS

PRAWN COCKTAIL £7.95

North Atlantic prawns, marie rose sauce, dressed leaves, G/F bread

CHICKEN LIVER PATE £6.95

Charred G/F bread, caramelised red onion chutney

LENTIL SOUP £4.95

Warm G/F bread

MOULES MARINIERE £8.95

Warm G/F bread, aioli

MAINS

BUTTERNUT SQUASH RISOTTO £12.95

Roasted & pureed squash

PUTTANESCA 12.95

Tomatoes, capers, olives, fresh basil, G/F pasta
Add King Prawns 4.95

SMOKED HADDOCK RISOTTO £14.95

Roasted & pureed squash

8oz SIRLON STEAK £19.95

Served with skin on chips, roasted Portobello mushroom & plum tomatoes

PAN ROASTED SEA BASS £10.95/£16.95

Truffled herb potatoes, smoked paprika sauce, charred lemon

8oz FILLET STEAK £25.95

Served with skin on chips, roasted Portobello mushroom & plum tomatoes

MOULES FRITES £14.95

Mariniere sauce, warm G/F bread, frites

HALLOUMI SALAD

Grilled halloumi, cucumber, mint, cherry tomatoes, house dressing

CLASSIC CHICKEN BURGER £11.95

Little gem lettuce, red onion, tomato, pickle, burger sauce, coleslaw, G/F brioche bun

ON THE SIDE

SKIN ON CHIPS £3.95

SKINNY FRIES £3.95

SWEET POTATO FRIES £3.95

HOUSE SALAD £3.95

CHARRED TENDERSTEM BROCCOLI £3.95



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