



THE
AVENUE
BAR & RESTAURANT

GLUTEN FREE MENU

STARTERS

PRAWN COCKTAIL (g/f) £7.95

North Atlantic prawns, marie rose sauce, dressed leaves, G/F bread

LENTIL SOUP (g/f) £4.95

Warm G/F bread

CHICKEN LIVER PATE (g/f) £7.95

Charred G/F bread, caramelised red onion chutney

SHETLAND MUSSELS(g/f) £9.95

Warm G/F bread, aioli

MAINS

PAN ROASTED SEA BASS (g/f) £15.95

Garlic Mash Potatoes, Samphire, Cherry Tomatoes, Smoked Paprika & Lemon Cream Sauce

SHETLAND MUSSELS (g/f) £16.95

White Wine & Cream Sauce, Warm Artisan Bread, Aioli, Fries

GOATS CHEESE SALAD(v)(g/f) £14.95

Goat's Cheese, Beetroot, Toasted Walnut, Mixed Leaf, House Dressing

GREEK SALAD(v)(g/f) £15.95

Feta Cheese, Olives, Cherry Tomatoes, Cucumber, Red Onion, EVOO, Oregano, Dressed Leaves

PANZANELLA SALAD(v)(g/f) £15.95

Cherry Tomatoes, Burrata, Basil, Basil, EVOO, Balsamic

CLASSIC CHICKEN BURGER (g/f) £13.95

Served on a G/F brioche bun, Caramelised Onions, Pickles & Seasoned Fries

8oz SIRLOIN STEAK (g/f) £24.95

Served With Skin on Chips, Roasted Portobello Mushroom & Plum Tomatoes

8oz FILLET STEAK (g/f) £29.95

Served With Skin on Chips, Roasted Portobello Mushroom & Plum Tomatoes

MUSHROOM RISOTTO (v)(g/f) £14.95

Roasted Mushrooms, topped with Grana Padano Cheese

PRAWN RISOTTO (g/f) £15.95

Prawn, Chilli & Tomato Risotto

NAPOLETANA (g/f)(ve) £10.95

Served in a Plum Tomato and Fresh Herb Sauce, G/F pasta

ARRABBIATA (g/f)(ve) £12.95

G/F Pasta Served in a Plum Tomato Sauce Spiced with Fresh & Dried Chillies

ITALIAN SAUSAGE (g/f) £15.95

G/F Penne, Creamy Tomato Sauce, Italian Sausage, Basil

BROCCOLINI PASTA (g/f)(ve) £14.95

G/F Penne, Chilli, Garlic & Lemon Broccoli, Fresh Basil, EVOO, Parmesan

CAJUN CHICKEN PENNE (g/f) £15.95

G/F Penne Pasta Served in a Spicy, Creamy Tomato Sauce, Cajun Chicken, Chilli Oil and Garlic Butter

SEAFOOD PASTA (g/f) £16.95

King Prawns, Shetland Mussels, Light Tomato Sauce, G/F pasta

NDUJA (g/f) £15.95

G/F Penne Pasta, Nduja Sausage, Creamy Cherry Tomato Sauce



THE
AVENUE
BAR & RESTAURANT
